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In connection with the underwriting of some applications, the Home Office may request special items of a medical nature. When requested, they will be referred to by number. Listed below are these requirements, the details of which in each instance should be given to the physician making the test.

Number Requirement

- 1. Electrocardiogram (EKG) A 12 lead electrocardiogram is to be sent to the Home Office for interpretation. This should include the three limb leads, I, II, III; the six chest leads at the VI through V6 precordial points; and the three unipolar extremity leads, AVR, AVL, AVF. Subject's position during tracing should be stated.
- 2. <u>Chest X-Ray</u> We require current 6 ft. P-A chest X-ray film, of diagnostic quality, to be sent to the Home Office for interpretation.
- 3. <u>Chest X-Ray L.A.O.</u> We require 6 ft. left anterior oblique chest film of diagnostic quality, to be sent to the Home Office for interpretation. If requested in combination with (2), the total fee allowable is \$15.)
- 4. Glucose Tolerance Test The following procedure is required: After at least a six-hour fast, the blood and urine are to be quantitatively tested for sugar; 75 grams of glucose are then given by mouth and the blood and urine again tested in three quarters of an hour and in two hours. This test is to be performed under adequate observation by competent technicians. The report should state whether the results are for true glucose or not.
 - 5. <u>Blood Cholesterol</u> After an eight hour fast, a determination of blood cholesterol is to be made. The laboratory should indicate their normal values.
 - 6. Abdominal X-Ray Kidney, Ureters, and Bladder We require flat K.U.B. film, made in A-P position, after cleansing enema, without breakfast. The film should be sent to the Home Office for interpretation.
 - 7. <u>Blood Triglycerides</u> After at least a 12-hour fast, a determination of the blood triglycerides is to be made. The laboratory should indicate their normal values.
 - 8. <u>Liver Function Tests</u> We require determinations of:
 - (a) SGOT and SGPT
 - (b) Prothrombin Time
 - (c) Serum Bilirubin

The laboratory should be asked to indicate their normal values, if possible.

9. Complete Blood Count

We require red blood cell count, hemoglobin, white blood count with differential, and hematocrit.

10. Post Exercise EKG Test (Master's Test) - We require a double Master's Test according to the following specifications: First, a resting electrocardiogram is to be made. If this tracing is normal, exercise should be given according to Dr. Master's table for age, sex, and body weight. On the average, it will be forty trips over the two-step platform in three minutes. Immediately after exercise, pulse rate must be at least 20 beats per minute more than the resting rate. Tracings should then be made immediately, two minutes, and six minutes after exercise. Leads I, II, III, V4, and V6 should be made. The results should be sent to the Home Office without interpretation.